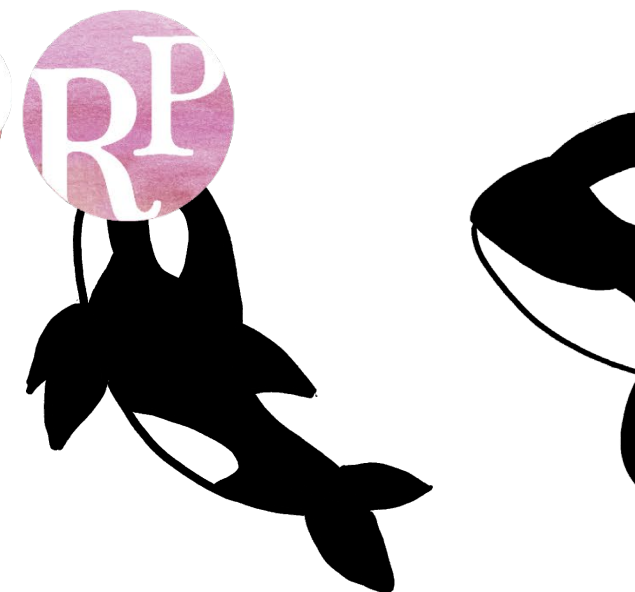




# self ecology maps

a selfology



	<i>Polar Rainforest</i>	<i>Monsoon Prairie</i>	<i>Tundra Subtropics</i>	<i>Alpine Subtropics</i>	<i>Aura Aura</i>	<i>Subtropics Prairie</i>	<i>Rainforest Tundra</i>	<i>Desert Ocean</i>	<i>Reactive Peace</i>
SELF ECOLOGY MAPPING SIGNS	<b>PR</b>	<b>MP</b>	<b>TS</b>	<b>AS</b>	<b>AA</b>	<b>SP</b>	<b>RT</b>	<b>DO</b>	<b>RP</b>
Representing Climate Characteristics	Polar = very cold and dry	Monsoon = Southwest America, Australia Prairie = Saskatchewan	Tundra = Alaska, Glacier. Unlike Polar where Polar is snowing and windy. Tundra is set	Alpine = lack of O2 Tropic = Hawaii	An Eco-Self	Subtropics = Taiwan, South Asia Prairie = Saskatchewan	Rainforest = all the moisture and warmth. Like Amazon Tundra = Alaska, Glacier	D = Sahara O = any ocean	Global Warming
Koppen Code (the original SELF)	EF	Am	ET	ET	Aura Aura	Cwa(Asia)	Af	BWh	Reactive Peace

Overarching Characteristics	<i>Cold</i>	<i>Stuffy</i>	<i>Cold and poor metabolism</i>	<i>Breathlessness</i>	<i>Warm</i>	<i>Humid, warm</i>	<i>Humid, Hot</i>	<i>Dry, Hot in Summer time Cold in winter time</i>	<i>Allergic</i>
Skin Type	Fine lines, pale, mature skin	Dull& tired, combination skin	Dull& tired, hyperpigmentation (sunsspots), slow to heal, bruise easily	Pale skin, dull &tired	Normal skin	Oily, combination skin, pimples	Oily, acne, pimples	Dry skin, dry lines	Sensitive skin, eczema/psoriasis, Itchy, rashes, varicose veins skin
9 Body Constituent Chinese Name under TCM	怕冷派 (陽虛體質)	氣鬱質	長斑派 (血瘀體質)	氣短派 (氣虛體質)	平和質	痰派 (痰濕體質)	長痘派 (濕熱體質)	缺水派 (陰虛體質)	特稟質
Manifestation	Feel cold easily, cold hands and feet, edema, pale white complexion, spontaneous sweating, eating cold food may cause diarrhea, lethargy , urinate often with a clear color, soft stool, poor immune system, Dislike winter prefers summer.	Poor sleep, insomnia, inappetence (lack of appetite), lots of sputum, palpitations. Fullness and distention in the chest and hypochondrium, (or feeling of distention of hypochondrium, chest and epigastrium or abdomen), breast tenderness, hiccup, feeling of lump in the throat, physical pain. Unhappy facial expression, emotional disturbance	Poor blood circulation, physical pain, dysmenorrhea, freckles, petechia, bruises, insomnia, poor memory, amenorrhea, menstrual blood are darker and clots, metrorrhagia. Loss of blood any diseased condition that leads to bleeding, like vomiting blood.	Fatigue, weak and soundless voice, no desire to speak, spontaneous sweating, shortness of breath, poor memory, constipation, dizziness, dispiritedness. Lack of energy and vitality Physically weak and difficult to heal after a cold or illness. Feeling as if you cannot empty your bowels completely, but not lumpy or hard	General good health, vigorous (or energetic) good sleep, good appetite, regular bowel movement and urination.	Chest oppression, excessive sticky sweating, lots of phlegm, bloating, snoring, wake up tired ,lethargy and excessive tiredness, none active, soft stool, urine short-astringent and yellow in color.	Susceptible to acne, Aphthous ulcer, bitter taste in the mouth and thirst heavy, bad breath, body odor (or ozochrotia), sensation in the body and lassitude, vexation, Dry, sticky and stagnant stool. Urinary problems, scanty and reddish urine. Male: wet scrotum, Female: large amount of yellow leucorrhea (white discharge) with sticky and yellowish.	Dizziness, poor memory insomnia or poor sleep, dreaminess(or constant dreams) , dry and irritating sensation in the eyes, blurred vision, feverish sensation in the palm and soles, hot flush, ringing in the ears, dry mouth and throat, thirst, dry cough, aphthous ulcer, night sweating, palpitation, low back pain or knee pain, lack of menstrual period, irregular menstrual cycles, amenorrhea,	It has either malformation or innate physiological defects, For example: constitution of allergic reaction manifests as often sneezing, asthma, rticaria 、itchy eczema, throat 、runny and stuffy nose etc.

		(stressed, anxious, depressed etc.), (or sighing, melancholy, depression, moodiness, fluctuation of mental state, feeling wound up), sighing, panic, hard stool.		stool. Large amount of urine. (or release large amounts of urine each time )				frigidity, urine short-astringent, hard stool, constipation	
General Body Characteristics	Flabby (or flaccid) muscles. Fair skinned and large body type. Pale complexion. Swollen (or puffy) eyes. Hair falls out easily, Pale lips, pale flabby (or swollen) tongue with teeth mark and moist coating. Slow feeble and sunken pulse.	Mostly slim body type. Unhappy facial expression. Pale tongue with thin white coating. Taut pulse.	Mostly slim body type. Dark dull Complexion , Skin pigmentation and dry, susceptible to freckles, Dark eye circle, dull nose or dark purplish lips Hair falls out easily, Bruises. Patches of spots on the tongue, sublingual dark purple or varicose veins. Rapid and intermittent pulse °	Flabby (or flaccid) muscles. Pale white or yellowish hue complexion. No eye contact. Frizzy and no-shine (or lustrous) hair. Pale lips, flabby (or swollen) tongue with teeth mark. Weak and slow pulse.	Muscular, athletic physique with well-proportioned hands, arm, leg and head. Bright and spirited eyes, Lustrous and ruddy complexion, Full and lustrous hair. Lustrous nose. Good sense of smell. Rosy lips, light red tongue with thin coating. Powerful pulse (regular pulse).	Chubby (or plump) body type. Flaccid abdomen. Oily facial skin, pale yellow dull complexion. Swollen (or puffy) face and eyes. Hair falls out easily. Heavy sensation in the body. Swollen tongue with white greasy coating. Sticky and greasy taste in the mouth with sweetness. Slippery pulse.	Chubby (or plump) or Slim body type. Oily and dirty complexion. Oily skin, especial around the face, nose and scalp. Susceptible to acne and pimples on face or body. Reddish, dry and swollen (or puffy) eyes. Susceptible to boil (furuncle) on back or buttocks. Red tongue with yellow greasy coatings. Slippery and fast pulse.	Slim body type. Pale white complexion without skin pimples. Skin dry, lackluster (or dull) and easily wrinkles. Flushed cheeks or feverish face Dry skin slightly on nose Red tongue with a less coating. Thin and fast pulse.	Manifestations of allergies. It has either malformation or innate physiological defects.
Personal - Characteristics	Character more calm, introverted. Emotionally low, no (or lack of) energy and	Introvert, unstable emotional state(mood swing),sensitivity	Irritability, impetuously (or irascible), anger and frustration.	Introverted, emotional instability, timid, unadventurous, voice low and	Cheerful, optimistic, friendly and carefree temper.	Patient, mild, steady and modesty (or humble).	Extroversion(or outgoing), lively. Heavy sensation in the body and vexation,	Extroversion (or outgoing, sociable), lively, Irritability and	The constitution (physique) varies with different situations

	vitality, speechless (or incommunicative), dislike activities.	and anxiety, emotional vulnerability, depression and upset, poor memory, mental disturbance.		weak, speechless, shortness of breath.			irritability, impetuously (or irascible).	impetuously (or irascible).	
Disease Tendency	Disorders of water metabolism. edema, diarrhea, Impotence, Common cold, Flu etc.	Hysteria, globus hystericus, depression syndrome, neurotic disorder (Neurosis, Psychoneurosis), insomnia, impotence etc.	Hemorrhage, stroke, chest discomfort, coronary disease, hypertension (High blood pressure), cerebral or myocardial infarction, cysts and uterine fibroids, fibroid tumors, Prostatitis	Common cold, flu and catch a cold easily. Visceroptosis. Slower to heal from illness.	Not to get sick easily.	Stroke, chest discomfort, phlegm and fluid retention, coronary disease, hypertension (High blood pressure), high cholesterol, diabetes, vertigo, lipomas etc.	Edema, furuncle, jaundice, cholecystitis, urinary problems, vaginitis.	Fatigue, constipation, insomnia, aphthous, lupus erythematosus, cough, dry syndrome (Sjogren's syndrome), Hyperthyroidism, seminal emission, frigidity. Climacteric hypertension (menopausal hypertension), early menopause.	Asthma, urticaria, hay fever, skin rashes or eczema, drug anaphylactic reaction, food allergy, innate or inherent physiological defects
Food	milk, sticky rice, Dark brown sugar, cinnamon, wheat, flour, soybean oil, vinegar <b>Vege:</b> Fresh ginger, green onions, leeks, mustard, garlic, sichuan pepper, carrot, parsley, pepper, sword bean, corn, soybeans, peas <b>Fruit:</b> Wolfberry, longan, jujube, walnut,	vegetables, fish, daylily small amount of wine or sorghum <b>Vege:</b> Buckwheat, fennel, garlic, sword bean, green onion, kelp, seaweed, wheat, all bean products, <b>Fruit:</b> kumquat, orange, orange skin, lemon, bergamot orange <b>Meat:</b> Lean meat, ham. Lamb, beef, eggs,	Vinegar, dark brown sugar, small amount of wine or rice wine. <b>Vege:</b> Black soybeans, soybeans, seaweed, carrot, vinegar, rose, baby bok-choi, eggplant, shitake mushroom. <b>Fruit:</b> kumquat, orange, grapefruit, peach, walnuts, papaya, plums, mango. <b>Food to Avoid:</b>	Rice, millet, barley, wheat. <b>Vege:</b> Ginseng longan, honey shitake mushroom, potatoes, sweet potatoes, carrots, soya bean, white <b>Meat:</b> goose, lamb, chicken, beef, eel, shrimp, mackerel, mandarin fish <b>Fruit:</b> chestnut, water	Balance diet, diversified and accordance with the seasons	<b>Vege:</b> Dolichos (hyacinth bean), green onion, garlic, seaweed, winter melon, mustard, onion <b>Fruit:</b> Kumquats, olives, adsuki bean, Job's tears <b>Meat:</b> clams, aristichthys nobilis (Bighead carp) <b>Food to Avoid:</b> avoid overeating,	<b>Vege:</b> Celery, cucumber, white gourd, water spinach, Chinese cabbage, brassica rapa, amaranth, cabbage. <b>Fruit:</b> Jobs tears, mung bean, adsuki bean, watermelon <b>Food to Avoid:</b> Warm, hot, sweet, sour and greasy foods such as pepper, raw ginger,	Honey, sesame, sesame oil, sticky rice, tofu, soy milk <b>Vege:</b> Chinese cabbage, brassica rapa, winter melon. <b>Fruit:</b> figs, pears, sugarcane, peach, watermelon, cucumber, mulberry, black soybeans, tomatoes, grapes, citrus, bananas, apples, persimmons.	Personalized healthcare menu based on their condition. Light and balance diet which foods are effective in invigorating the functions of the energy to boost the immune system and energy levels Drinking plenty of water

	peanut, chestnut, cherry, pineapple, peach, apricot, bayberry, mandarin oranges, olives. <b>Meat:</b> Lamb, beef, poussin broilers, goose, shrimp, grass carp, large yellow croaker, maw. <b>Food to Avoid:</b> Avoid Cold, raw, bitter or greasy food such as watermelon, cucumber, lotus root, pear, cold water, Ice cream etc.	Peanuts in winter time <b>Food to Avoid:</b> Fat, sweet, hot and strong taste food such as coffee, black tea and irritating foods.	Foods are greasy, rich fat (high fat) etc.	chestnut, grape, cherry, peanut. <b>Food to Avoid:</b> Avoid cold and greasy foods such as radish salad, water spinach, Oranges, grapefruit, buckwheat salad etc.		sweet, sticky, and greasy food such as wine, loquat, jujube, persimmon, sugar, grapefruit, pomegranate,  Limiting sodium intake.	green onion, garlic, mutton, beef, goose, parsley, walnuts, wine seafood, hot pot, tobacco, wine, fried or grilled foods.	<b>Meat:</b> duck meat, lean pork, marrow, silkie, duck's egg, duck, clam, oyster, scallops, maw  <b>Food to Avoid:</b> Warm and dry foods such as lamb, chili, hot pepper, sun flower seeds cinnamon, fennel, green onion, ginger, hot pot, fried and grilled food etc.	
<b>Exercises</b>	Low impact(low stress )exercises one or twice a day such as walking, jogging, tai chi, abdominal exercise Yoga, rope skipping. Avoid high intensity exercises and winter sport.	In order to boost blood circulation, one can exercises involving greater intensity loads, treadmill running, climbing, martial arts, swimming, playing ball, qigong, yoga, tai chi, five animals' game, etc.. Maximize outdoor activities.	These may be performed in small segments like the links of a chain. Pursue blood sports such as dance, tai chi, tai chi sword, walking, aerobics dance, and body massage. If, during such activities, you experience physical discomfort such as chest tightness, difficulty breathing, headache, limb pain, rapid or irregular pulse rate you should go to see your physician	Unfit for strenuous exercise and sweating movement to prevent energy consumption to a low-intensity such as walking, jogging, Yoga	Keep moving, and exercise to maintain emotional health	Do a small and medium intensity exercise, such as walking, jogging, playing ball, martial arts, dancing, and badminton, playing tennis or table tennis. Aerobic exercise (cardio), rowing (boating), swimming, climbing, hiking, running, cycling. With more experience, one should maintain a longer workout by gradually increasing the duration.	More suitable high intensity exercises will discharge excess moisture. These include: middle or long distance running, swimming, mountain hiking, ball games, etc. Cultivate patience through various activities: chess, tai chi, jogging, cycling.	Do a small and medium intensity with intermittent exercise or combine with quiescent and dynamic motion such as swimming, tai chi Drink more water and avoid excessive sweating during exercise,	Participate in various physical exercises, for a less strenuous workout; choose a lightweight aerobic exercise such as swimming
<b>Facial</b>	<ul style="list-style-type: none"> <li>• Timeless Facial</li> <li>• Intense Pulsed Light (IPL) Facial</li> <li>• Radio Frequency Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Oceanic Facial - Combination</li> <li>• Geneo Facial</li> <li>• Intense Pulsed Light (IPL) Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Oceanic Facial – Dehydrated &amp; Sensitive</li> <li>• Geneo Facial</li> <li>• Brightening Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Oceanic Facial - Dehydrate&amp; Sensitive Skin Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Essential Facial</li> <li>• Oceanic Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Oceanic Facial - Acne &amp; Oily Facial</li> <li>• Geneo Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Purify Facial</li> <li>• Oceanic Facial - Acne &amp; Oily Facial</li> <li>• Geneo Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Oceanic Facial – Dehydrated &amp; Sensitive</li> <li>• Hydracell Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Oceanic Facial – Dehydrated &amp; Sensitive</li> <li>• Soothing Facial</li> </ul>

	<ul style="list-style-type: none"> <li>• Geneo Facial</li> <li>• TV 10 Anti-Aging &amp; Lifting Facial</li> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Intense Pulsed Light (IPL) Facial</li> <li>• Radio Frequency Facial</li> </ul>	<ul style="list-style-type: none"> <li>• Radio Frequency Facial</li> <li>• Geneo Facial</li> <li>• TV 10 Anti-Aging And Lifting Facial</li> <li>•</li> </ul>			<ul style="list-style-type: none"> <li>• Intense Pulsed Light (IPL) Facial</li> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>•</li> </ul>
	<ul style="list-style-type: none"> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Stone Therapy Massage</li> <li>• Foot Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Stone Therapy Massage</li> <li>• Foot Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Deep Tissue Body Massage</li> <li>• Stone Therapy Massage</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Stone Therapy Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Swedish Massage</li> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Stone Therapy Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Foot Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Swedish Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Purifying Aromatherapy Massage</li> <li>• Stone Therapy Massage</li> <li>• Swedish Massage</li> <li>• Foot Massage</li> </ul>	<ul style="list-style-type: none"> <li>• Full Body Lymphatic Aromatherapy Massage</li> <li>• Stone Therapy Massage</li> </ul>
<b>Body Care</b>	<ul style="list-style-type: none"> <li>• Body Detox &amp; Contouring Wrap</li> <li>• Body Detox &amp; Contouring Mesotherapy</li> <li>• Radio Frequency Body Contouring Treatment</li> <li>• Vacuumobilization Body Contouring Treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Body Detox &amp; Contouring Wrap</li> </ul>	<ul style="list-style-type: none"> <li>• Body Detox &amp; Contouring Wrap</li> <li>• Radio Frequency Body Contouring</li> </ul>	<ul style="list-style-type: none"> <li>• Body Detox &amp; Contouring Wrap</li> <li>• Body Detox &amp; Contouring Mesotherapy</li> <li>• Radio Frequency Body Contouring Treatment</li> <li>• Vacuumobilization Body Contouring Treatment</li> </ul>	<ul style="list-style-type: none"> <li>• All kinds of Body Care</li> </ul>	<ul style="list-style-type: none"> <li>• Body Detox &amp; Contouring Wrap</li> <li>• Body Detox &amp; Contouring Mesotherapy</li> <li>• Radio Frequency Body Contouring Treatment</li> <li>• Vacuumobilization Body Contouring Treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Body Purifying Exfoliation</li> <li>• Body Detox &amp; Contouring Wrap</li> <li>• Mud Back Detox</li> </ul>	<ul style="list-style-type: none"> <li>• Body Purifying Exfoliation</li> </ul>	<ul style="list-style-type: none"> <li>• Body Detox &amp; Contouring Wrap</li> </ul>
<b>Spa Package</b>	Selfology Meditation Inner Peace	Gamma Wave Selfology Meditation Inner Peace	Gamma Wave Selfology Meditation Inner Peace	Inner Peace Selfology Meditation	All kinds of Package	Selfology Meditation Inner Peace	Gamma Wave Inner Peace	Gamma Wave Inner Peace	Selfology Meditation Inner Peace
<b>Skin Care Line</b>	Sea Flora Dehydrate& Sensitive Line:	Sea Flora Combination Line: • Sea Foaming Fucs Cleansing	Sea Flora Dehydrate& Sensitive Line:	Sea Flora Dehydrate& Sensitive Line:	Sea Flora Normal Skin Line:	Sea Flora Acne&Oily Line: • Sea Foaming Fucs Cleansing	Sea Flora Acne&Oily Line: • Sea Foaming Fucs Cleansing	Sea Flora Dehydrate& Sensitive Line:	Sea Flora Dehydrate& Sensitive Line:



<ul style="list-style-type: none"> <li>• Sea Flora Sea Foam Cleansing Concentrate</li> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> </ul> <p><b>Sea Flora</b></p> <ul style="list-style-type: none"> <li>• Sea Flora Balancing Sea Kelp Concentrate</li> <li>• Sea Flora Sea Kelp Softening Facial Moisturizer</li> <li>• Sea Flora Iridaea Light Facial Mask</li> </ul> <p><b>Sea Therapy Anti-Aging</b></p> <ul style="list-style-type: none"> <li>• Sea Therapy Facial Cleanser</li> <li>• Sea Therapy Facial Polish</li> <li>• Sea Therapy Contour Gel for Eyes</li> <li>• Sea Therapy Recovery Facial Gel</li> <li>• Sea Therapy Hydration Treatment</li> <li>• Sea Therapy Intensive Restorative Treatment</li> </ul> <p><b>Skeyndor Corrective Line:</b></p> <ul style="list-style-type: none"> <li>• Soft Cleansing Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Potent Sea Kelp Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Potent Seaweed Serum</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Sea Flora Rich Laminaria Moisturizer</li> <li>• Potent Sea Kelp Facial Mask</li> </ul> <p><b>Skeyndor Power C+</b></p> <ul style="list-style-type: none"> <li>• Energizing Emulsion SPF 15</li> </ul> <p><b>Eternal Line:</b></p> <ul style="list-style-type: none"> <li>• Intensive Serum</li> <li>• Icy Eye Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Sea Foam Cleansing Concentrate</li> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Sea Flora Balancing Sea Kelp Concentrate</li> <li>• Sea Flora Sea Kelp Softening Facial Moisturizer</li> </ul> <p><b>Sea Therapy Anti-Aging</b></p> <ul style="list-style-type: none"> <li>• Sea Therapy Facial Cleanser</li> <li>• Sea Therapy Facial Polish</li> <li>• Sea Therapy Contour Gel for Eyes</li> <li>• Sea Therapy Recovery Facial Gel</li> <li>• Sea Therapy Hydration Treatment</li> <li>• Sea Therapy Intensive Restorative Treatment</li> </ul> <p><b>Skeyndor Urban White Line</b></p> <ul style="list-style-type: none"> <li>• New Skin Foaming Cleanser</li> <li>• Anti-Pollution Shield Mist</li> <li>• Shield Day Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Sea Foam Cleansing Concentrate</li> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Sea Flora Balancing Sea Kelp Concentrate</li> <li>• Sea Flora Sea Kelp Softening Facial Moisturizer</li> <li>• Sea Flora Iridaea Light Facial Mask</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Sea Foam Cleansing Concentrate</li> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Potent Seaweed Serum</li> <li>• Sea Flora Rich Laminaria Moisturizer</li> <li>• Sea Flora Iridaea Light Facial Mask</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Potent Sea Kelp Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Potent Seaweed Serum</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Sea Flora Rich Laminaria Moisturizer</li> <li>• Potent Sea Kelp Facial Mask</li> </ul> <p><b>Skeyndor Clear Balance Line:</b></p> <ul style="list-style-type: none"> <li>• Pure Cleansing Foam</li> <li>• Pure Refining Repair Serum</li> <li>• Pure Defense Gel</li> <li>• Pure Comfort Mask</li> <li>• Blemish Concealer Tinted Gel - Light</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Potent Sea Kelp Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Potent Seaweed Serum</li> <li>• Sea Flora Potent Seaweed Serum</li> <li>• Rich Laminaria Moisturizer</li> <li>• Potent Sea Kelp Facial Mask</li> </ul> <p><b>Sea Therapy Anti-Aging</b></p> <ul style="list-style-type: none"> <li>• Sea Therapy Facial Cleanser</li> <li>• Sea Therapy Facial Polish</li> <li>• Sea Therapy Contour Gel for Eyes</li> <li>• Sea Therapy Recovery Facial Gel</li> <li>• Sea Therapy Hydration Treatment</li> <li>• Sea Therapy Intensive Restorative Treatment</li> </ul> <p><b>Skeyndor Power Hyaluronic Line:</b></p> <ul style="list-style-type: none"> <li>• Intensive Cream</li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Sea Foam Cleansing Concentrate</li> <li>• Sea Flora Iridaea Exfoliator</li> <li>• Sea Flora Sea Spray Splash Toner</li> <li>• Sea Flora Eye -Sea Relief Moisturizer</li> <li>• Sea Flora Balancing Sea Kelp Concentrate</li> <li>• Sea Flora Sea Kelp Softening Facial Moisturizer</li> <li>• Sea Flora Iridaea Light Facial Mask</li> </ul> <p><b>Skeyndor Aquatherm Line:</b></p> <ul style="list-style-type: none"> <li>• Delicate Cleansing Milk</li> <li>• Therma Concentrate Water</li> <li>• Revitalizing Anti-Age Cream</li> <li>• Deep moist. Cream</li> <li>• SOS Anti-Redness Serum</li> <li>• Soothing Eye Cream</li> <li>• Bi-Zone Soft Mask</li> </ul>
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	<ul style="list-style-type: none"> <li>• Aloe Rich Tonic</li> <li>• Instant Wrinkle Filler</li> <li>• Expression Line Serum</li> <li>• Eye Expression Line Eraser</li> <li>• Skin oxygen cream</li> </ul> <p><b>Eternal Line:</b></p> <ul style="list-style-type: none"> <li>• Intensive Serum Icy Eye Cream</li> </ul>		<ul style="list-style-type: none"> <li>• Overnight Serum</li> <li>• Spots Eraser Cream</li> <li>• Matte Compact Powder SPF 50 #01</li> <li>• Skeyndor Power C+ Energizing Emulsion SPF 15</li> </ul> <p><b>Eternal Line:</b></p> <ul style="list-style-type: none"> <li>• Intensive Serum Icy Eye Cream</li> </ul>					<ul style="list-style-type: none"> <li>• Intensive Emulsion</li> <li>• Moisture Booster</li> <li>• Deep Moisture Mask</li> </ul> <p><b>Eternal Line:</b></p> <ul style="list-style-type: none"> <li>• Intensive Serum Icy Eye Cream</li> </ul>	
<i>Body Care Line</i>	<ul style="list-style-type: none"> <li>• Sea Flora Wild Sea Kelp Body Lotion</li> <li>• Sea Flora Detoxifying Body Wash</li> <li>• Sea Flora Body Seaweed Gel</li> <li>• <b>Vata Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Detoxifying Body Wash</li> <li>• Sea Flora Body Seaweed Gel</li> <li>• <b>Pitta Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Wild Sea Kelp Body Lotion</li> <li>• Sea Flora Detoxifying Body Wash</li> <li>• Sea Flora Body Seaweed Gel</li> <li>• <b>Vata Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Body Seaweed Gel</li> <li>• Sea Flora Detoxifying Body Wash</li> <li>• <b>Kapha Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Wild Sea Kelp Body Lotion</li> <li>• <b>Kapha Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Body Seaweed Gel</li> <li>• Sea Flora Detoxifying Body Wash</li> <li>• <b>Kapha Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Detoxifying Body Wash</li> <li>• Sea Flora Body Seaweed Gel</li> <li>• <b>Pitta Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Wild Sea Kelp Body Lotion</li> <li>• Sea Flora Body Seaweed Gel</li> <li>• <b>Vata Oil</b></li> </ul>	<ul style="list-style-type: none"> <li>• Sea Flora Wild Sea Kelp Body Lotion</li> <li>• Sea Flora Body Seaweed Gel</li> <li>• <b>Pitta Oil</b></li> </ul>
<i>Tea Remedies</i>	<ul style="list-style-type: none"> <li>• Peach Rooibos</li> <li>• Ginger Peach</li> </ul>	<ul style="list-style-type: none"> <li>• Organic Peppermint</li> <li>• Organic Chamomile</li> <li>• Passion Fruit Green</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Organic Chamomile,</li> <li>• Peach Rooibos,</li> <li>• Passion Fruit Green</li> <li>• Ginger Peach</li> </ul>	<ul style="list-style-type: none"> <li>• Peach Rooibos</li> <li>• Ginger Peach</li> </ul>	<ul style="list-style-type: none"> <li>• All Kind of Tea</li> </ul>	<ul style="list-style-type: none"> <li>• Organic Peppermint,</li> <li>• Peach Rooibos</li> <li>• Sweet Orange</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Organic Peppermint</li> <li>• Chamomile</li> <li>• Passion Fruit Green</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Peach Rooibos</li> </ul>	<ul style="list-style-type: none"> <li>• Organic Chamomile</li> <li>• Peach Rooibos</li> <li>•</li> </ul>